

RUN FREELY  
CARRY HEAVY  
MOVE SWIFTLY

with **LatitudePT**

Modern movement-centered physical therapy



PREMIERE MUSCULOSKELETAL CARE IN

*East Austin, TX*

LEARN MORE AT [LATITUDEPT.COM](https://www.latitudept.com)

## LatitudePT | Strength from the ground up

We help anyone who wants to heal their injuries or improve their performance without the use of medications, injections, or surgery. We utilize a combination of techniques including:

**Dry Needling**  
**Joint Manipulation**  
**Myofascial Manipulation**  
**...and more!**

Schedule a free consultation to learn more about our treatment approach and how we can help you!

**DISCOVER THE ROOT CAUSE.**  
**RE-EDUCATE YOUR MOVEMENT.**  
**GET BACK TO WHAT YOU LOVE!**



**FOR MORE INFORMATION**  
VISIT [LATITUDEPT.COM](https://www.latitudept.com)



[the.barefoot.pt](https://www.instagram.com/the.barefoot.pt)